

## Antenatal Care Pathways

| <b>Obstetric History at Booking</b>   | <b>Care Type</b>  | <b>Antenatal Management Planning</b>  |
|---|---|---|
| Assisted Conception if not $\geq$ age 40 or other issues                                      | Obstetric plan and Midwifery care                                 | E-mail named consultant to determine plan   |
| History of 2 or fewer miscarriages  | Midwifery Care  |   |
| History of 3 or more consecutive miscarriages with no cause identified                        | EPAS then Midwifery care  | E-mail named consultant to determine plan and if medical review required  |
| History of 3 or more consecutive miscarriages with a cause identified                         | EPAS then Obstetric plan and Midwifery care                       | 12 week phone/Attend Anywhere consultation at Consultant clinic   |
| History of mid-trimester loss   | Obstetric plan and Midwifery care                                 | 12 week phone/Attend Anywhere consultation at Consultant clinic   |
| History of ectopic  | Early EPAS scan ( once pregnancy diagnosed) and Midwifery care    | Once intrauterine pregnancy confirmed in EPAS, follow standard booking pathway  |
| Previous shoulder dystocia  | Obstetric plan and Midwifery care                                 | RCOG leaflet<br>16 week phone/Attend Anywhere consultation at Consultant clinic   |
| Previous 3 <sup>rd</sup> or 4 <sup>th</sup> tear  | Obstetric plan and Midwifery care                                 | RCOG leaflet<br>16 week phone/Attend Anywhere consultation at Consultant clinic   |
| Previous Postpartum Haemorrhage   | Obstetric plan and Midwifery care                                 | RCOG leaflet<br>16 week phone/Attend Anywhere consultation at Consultant clinic   |
| Previous Pre-eclampsia, Eclampsia or HELLP  | Obstetric plan and Midwifery care / Shared Care with Obstetrician | Commence Low Dose Aspirin at 12 weeks (GP letter)<br>RCOG leaflet<br>16 week phone/Attend Anywhere consultation at Consultant clinic              |
| Previous preterm birth  | Obstetric plan and Midwifery care / Shared Care with Obstetrician | Low Vaginal Swab required at booking for all previous pre-term delivery <34/40<br>16 week phone/Attend Anywhere consultation at Consultant clinic |
| Previous Stillbirth or Neonatal Death   | Obstetric care +/- midwifery care if appropriate                  | 12 week face to face medical review at Consultant clinic  |
| Previous congenital abnormality including previous trisomy, chromosome or genetic abnormality | Obstetric plan and Midwifery care                                 | First trimester phone consultation /Attend Anywhere with consultant   |
| Previous baby below 10 <sup>th</sup> centile  | Obstetric plan and Midwifery care / shared care                   | E-mail named consultant to determine plan for T3 scans and if 16 week medical review required   |
| Previous Caesarean Section  | Obstetric plan and Midwifery care (or VBAC clinic)                | RCOG leaflet at booking<br>16 week phone/Attend Anywhere consultation at Consultant clinic  |
| Previous Rhesus Iso-immunisation  | Obstetric care  | 12 week consultation at Consultant clinic   |

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| Previous Gestational Diabetes  | Midwifery care unless GDM screening results abnormal              | HbA1c at booking<br>Follow screening for GDM guideline   |
| Previous child with health issues possibly related to pregnancy or birth | Obstetric plan and Midwifery care                                 | E-mail named consultant to determine plan and if medical review required   |
| Tocophobia (excessive fear of childbirth)                                | Obstetric plan and Midwifery care                                 | 16 week phone/Attend Anywhere consultation at Consultant clinic<br>Consider Clinical Psychology referral   |
| <b>Medical History</b>   |   |  |
| Significant Thrombophilia *  | Obstetric care  | Obstetric Haematology clinic in first trimester  |
| Low risk Thrombophilia **  | Obstetric plan and midwifery care                                 | E-mail named consultant to determine plan<br>Shared care with Obstetrician   |
| Thrombosis/Anti-coagulant therapy  | Obstetric plan and shared care with Obstetrician                  | Obstetric Haematology clinic following +ve pregnancy test<br>Anaesthetic Review  |
| Bleeding disorder  | Shared care with Obstetrician                                     | Obstetric Haematology clinic in first trimester<br>Anaesthetic Review  |
| Diabetes Type 1  | Obstetric care  | Combined Obstetric Diabetic/Endocrine clinic   |
| Diabetes Type 2  | Obstetric care  | Combined Obstetric Diabetic/Endocrine clinic   |
| Thyroid disease (hyperthyroid)   | Obstetric care  | Obstetric Medicine Clinic at 12 weeks<br>Check thyroid function and TRAB (anti-thyroid antibodies) at booking  |
| Thyroid disease (hypothyroid)  | Obstetric plan and midwifery care / shared care with Obstetrician | 16 week phone/Attend Anywhere consultation at Consultant clinic<br>Check thyroid function level each trimester   |
| Essential Hypertension   | Obstetric plan and Midwifery care / shared care with Obstetrician | Low Dose Aspirin<br>16 week face to face medical review at Consultant clinic<br>Arrange earlier review if concerns regarding drug therapy or BP control<br>Consider Home BP monitoring via Day Care unit |
| Significant renal disease  | Obstetric care  | Obstetric Medicine Clinic at 12 weeks<br>Consider Low Dose Aspirin   |
| Solid Organ Transplant   | Obstetric care  | Obstetric Medicine Clinic  |
| Connective Tissue Disease (e.g. Lupus)                                   | Obstetric care  | 16 week face to face medical review at Consultant clinic   |
| Epilepsy   | Obstetric care  | 16 week face to face medical review at Consultant clinic   |
| Previous CVA/TIA   | Obstetric care  | 16 week face to face medical review at Consultant clinic   |
| Ischaemic Heart Disease  | Obstetric care  | 16 week face to face medical review at Consultant clinic   |
| Cardiac Arrhythmia   | Obstetric care  | 16 week face to face medical review at Consultant clinic   |

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| Inflammatory Bowel Disease  | Obstetric care  | 16 week face to face medical review at Consultant clinic                                      |
| Past malignancy   | Obstetric care  | 16 week face to face medical review at Consultant clinic                                      |
| Current malignancy  | Obstetric care  | Obstetric Medicine Clinic at booking  |
| Significant Heart Disease involving valve                               | Obstetric care  | Obstetric Medicine Clinic at 12 weeks with possible involvement Cardiac Obstetric Clinic QEUH |
| Congenital Heart Disease  | Obstetric care  | Obstetric Medicine Clinic at 12 weeks with possible involvement Cardiac Obstetric Clinic QEUH |
| Recurrent UTI   | Midwifery Care  | E-mail named consultant to determine plan   |
| Multiple Sclerosis  | Obstetric plan and Midwifery care                                       | 16 week phone/Attend Anywhere consultation at Consultant clinic                               |
| Asthma requiring oral steroids or a hospital admission within last year | Obstetric plan and Midwifery care / shared care with Obstetrician       | 16 week face to face medical review at Consultant clinic<br>Anaesthetic review                |
| Asthma with past or current use of inhaled steroids                     | Midwifery care  |   |
| Mild asthma   | Midwifery care  |   |
| HIV   | Obstetric care  | Refer Dr Ellis's Clinic PRM (PRM/QEUH)<br>Discuss with named consultant (RAH)                 |
| Hep B or C  | Obstetric plan and Midwifery care                                       | 16 week phone/Attend Anywhere consultation at Consultant clinic                               |
| Partner HIV, Hep B or C   | Obstetric plan (especially if HIV +ve partner) and Midwifery care       | Discuss with named consultant<br>Post-natal follow-up required                                |
| FGM   | Midwifery care  | Follow FGM pathway  |
| Pelvic Floor or cervical surgery  | Obstetric plan and Midwifery care                                       | 16 week phone/Attend Anywhere consultation at Consultant clinic                               |
| Previous colposcopy   | Midwifery care  | 1 LLETZ - community midwife care  |
|   | Obstetric plan and Midwifery /shared care                               | >1 LLETZ - 16 week phone/Attend Anywhere consultation at Consultant clinic                    |
| Complex Genetic history   | Obstetric plan and Midwifery care                                       | First trimester Consultant review<br>May require Fetal Medicine QEUH review                   |
| Any other medical condition   | Obstetric plan and possible midwifery care +/- Obstetric Medical Clinic | E-mail named consultant to determine plan and if medical review required                      |
| Anaphylaxis   | Obstetric plan and Midwifery care                                       | E-mail named consultant to determine if obstetric review required<br>Anaesthetic referral     |
| Previous anaesthetic difficulty   | Midwifery care unless there are any other factors                       | Anaesthetic referral  |
| Family history of suxamethonium apnoea or malignant hyperpyrexia        | Midwifery care unless there are any other factors                       | Anaesthetic referral  |

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| Significant spinal problems or previous spinal surgery  | Obstetric review + Midwifery care unless other factors | E-mail named consultant to determine plan or 16 week phone / Attend Anywhere depending on severity<br>Anaesthetic referral               |
| Fibroids >5cm   | Obstetric plan and shared care                         | 16 week phone/Attend Anywhere consultation at Consultant clinic<br>Shared care until scans +obstetric review in T3                       |
| Maternal age over 40                                    | Obstetric plan and shared care                         | 16 week phone/Attend Anywhere consultation at Consultant clinic<br>Shared care until scans +obstetric review in T3                       |
| Late booker (and no other red flag risk factors)        | Obstetric care   | <25 weeks community midwife care<br>>25 weeks obstetric care   |
| Multiple Pregnancy                                      | Obstetric care   | Multiple pregnancy clinic  |
| Women who refuses blood products e.g. Jehovah's Witness | Obstetric plan and Midwifery care                      | 16 week face to face medical review at Consultant clinic<br>Start iron at booking  |
| BMI 18 or less  | Midwifery care   | Refer to SGA guideline for T3 scans  |
| BMI 40 or more  | Obstetric plan and shared care                         | 16 week phone/Attend Anywhere consultation at Consultant clinic<br>Shared care until scans +obstetric review in T3<br>Anaesthetic Review |
| Smoking   | Obstetric plan and Midwifery care                      | Refer to SGA guideline for T3 scans  |

### **Low Risk Thrombophilia \*\***

Heterozygous for Factor V Leiden or Prothrombin Gene Mutation

### **Significant Thrombophilia \***

Heterozygous for both Factor V Leiden and Prothrombin Gene Mutation

Homozygous for Factor V Leiden or Prothrombin Gene Mutation

Protein S or Protein C deficiency out with pregnancy

Anti-thrombin deficiency

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