

Patient information leaflet - What to look for after your waters have broken.

GREATER GLASGOW & CLYDE

WHAT TO LOOK FOR AFTER YOUR WATERS HAVE BROKEN

We have confirmed that the bag of water in front of your baby’s head has burst. We would plan to induce labour 24 – 48 hours from now unless you go into labour yourself.

While you are waiting for labour to start you must watch for any signs of infection.

Infection is a rare complication.

If you notice any of the following please contact the labour ward midwife immediately on following telephone number depending on where you are booked:

Site	Location	Telephonenumber
Princess Royal Maternity	Maternity Assessment	0141 211 0753 0141 211 5276 0141 211 5352
Royal Alexandra Hospital	Labour Ward	0141 314 6743
Queen Elizabeth University Hospital	Maternity Assessment	0141 232 4677 0141 232 4363

1. If you think you are in labour.
2. Pain in your abdomen (tummy)
3. The water draining changes colour or becomes smelly
4. Your baby doesn’t move around as much
5. If you feel unwell, shivery or similar to having the ‘flu

If you have not experienced any of the above and have not gone into labour then please

return to.....on:

.....at.....for induction of labour.

Information issued by.....

PrintName&Grade.....

Date & Time.....

It is hospital policy for all babies born to women whose waters have broken prior to labour to be observed on the postnatal wards for 24-36 hours for any signs of infection.