



## CLINICAL GUIDELINE

# Diabetes Management Plan, prior to, during and post delivery

A guideline is intended to assist healthcare professionals in the choice of disease-specific treatments.

Clinical judgement should be exercised on the applicability of any guideline, influenced by individual patient characteristics. Clinicians should be mindful of the potential for harmful polypharmacy and increased susceptibility to adverse drug reactions in patients with multiple morbidities or frailty.

If, after discussion with the patient or carer, there are good reasons for not following a guideline, it is good practice to record these and communicate them to others involved in the care of the patient.

<b>Version Number:</b>	2
<b>Does this version include changes to clinical advice:</b>	No
<b>Date Approved:</b>	25 <sup>th</sup> May 2017
<b>Date of Next Review:</b>	14 <sup>th</sup> July 2020
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<b>Approval Group:</b>	Obstetrics Clinical Governance Group

### Important Note:

The Intranet version of this document is the only version that is maintained. Any printed copies should therefore be viewed as 'Uncontrolled' and as such, may not necessarily contain the latest updates and amendments.

**Plan for management of diabetes: prior to, during and post delivery.**

I. D. Label

**Type of diabetes:**

- Type 1
- Type 2
- Gestational

**Pre-Pregnancy Diabetes Management (and doses if appropriate):**

**Insulin or Oral Regimen Pre-delivery/admission plan:**

Date	Insulin type	Pre-breakfast	Pre-lunch	Pre-evening meal	Pre-bed
(priming date if IOL)					

Other Rx.....

**Insulin Regimen during labour:**

Insulin Type	Pre-breakfast	Pre-lunch	Pre-evening meal	Pre-bed

Other Rx.....

**Post Natal Insulin Regimen (first 24 hours):**

Insulin Type	Pre-breakfast	Pre-lunch	Pre-evening meal	Pre-bed

Other Rx.....

**Post Natal Insulin Regimen (24 hours onwards):**

Insulin Type	Pre-breakfast	Pre-lunch	Pre-evening meal	Pre-bed

Other Rx.....

Contact Numbers for Diabetes Specialist team: